

## 60-minute offer at Norbreck



Here at Norbreck Primary Academy, we value that children should have the opportunity to be well-rounded, healthy, and happy.

At Norbreck, we offer the following activities to achieve our 60 minutes of daily movement:

- A range of morning and after school clubs including archery, cheerleading, cricket, tag rugby, football, netball, little movers, Glee club and many more.
- Active break times and lunchtimes including sessions from Active Blackpool and Play Leaders.
- Encouragement for active travel to and from school.
- Teach Active incorporated in lessons.
- Quad area for reception
- ABC/Inclusion groups
- Daily Mile breaks
- Outdoor Learning / Cross-curricular learning
- To aid learning in the classroom both active subject activities and regular movement breaks are included throughout the day such as: speed stacks, Cosmic Kids Yoga, 'Supermovers', Go Noodle's, Change 4 Life Shake Ups and many more.
- Competitions outside school.